

PST/INTERVIEWS FOR SIGONELLA, ITALY 2004

The PST coordinator schedules all PST Times and Location. visit: http://www.seal.navy.mil/seal/pst_request.asp to request a PST/interviews. All applicants request will be processed with other applicants in your geographic location. AGE/ASVAB wavier request are processed during the interview.

***Note:** You will experience a delay in the processing of your PST request if you have not followed the Step-by-Step Guideline. Please read and follow the [PST Request-
http://www.seal.navy.mil/pdf/pstrequest.pdf](http://www.seal.navy.mil/pdf/pstrequest.pdf) PST's are scheduled NLT 72hours prior to test time and date.

Time 0900

LOCATION

NAS II Pool

DIRECTIONS

From Main Gate (front gate)
Going toward Air Terminal for .01K turn left
Going toward flight line medical clinic for .06K turn left
Go. 01K turn right
Go .01K Pool will be on the Left
Arrive early, Late arrivals will not be tested

GEAR LIST

Candidates are required to arrive 15 minutes early with the items listed below:

Special request chit
Military identification card
T-shirt, dungarees or cammies, and boots for **SEAL candidates**
T-shirt, shorts, and running shoes for **SWCC candidates**
Swimsuit and towel
Drinking water

Gear List

Candidates are required to arrive 15 minutes early with the items listed below:

A copy your PST Confirmation email

Military identification card

T-shirt, dungarees or cammies, and boots for **SEAL**

candidates

T-shirt, shorts, and running shoes for **SWCC candidates**

Swimsuit and towel

Drinking water

Upon Successful completion of the PST

Candidate will be interviewed, *AW MILPERSMAN 1220-150.

Interview requirement items:

- ((1) Completed NC worksheet
(<http://www.seal.navy.mil/seal/pdf/ncworksheet.pdf>)
- (2) Uniform of the day
- (3) Original special request chit
- (4) Military ID
- (5) Service record
- (6) Wavier(s) (See Waivers)
- * No exceptions

NOTE:

Cancellations ASAP

<mailto:motivators@navsoc.navy.mil>